What challenges do you face as a team leader?

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# Ontdoor Leadership Training



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This is an intensive two-day workshop where you will explore the many dimensions of team building and develop the critical skills needed to lead a team to peak performance.

### What challenges do you face as a team leader?

Are you struggling with:

employee motivation,

commitment, or

conflicts?

The Outdoor Leadership experience will assist your group in the development of a collaborative team. Training facilitators tailor activities to enhance communication, bust barriers to trust and teach critical thinking skills and problemsolving. As a result, your group will turn new understanding into "on the job" action.

# The Outdoor Leadership Training Program:



Compliments the ISP Mission, Vision and Values;



Focuses on learning in an outdoor setting; and



Places an emphasis on transferring new skills, insights, and experiences to the job setting.

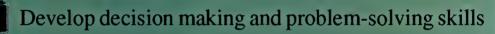
#### Goals and Objectives

Outdoor Leadership provides practical training in the competencies necessary for building effective teams.

All aspects of team building are explored including: forming a personal style; making decisions; communicating effectively; being a team player; as well as coping with stress and conflict.

#### Outdoor Leadership Training will:





Reinforce empowerment

Assess personal strength and risk taking

Build cooperation and trust among group members

Develop clear, concise communication skills

Increase motivation

Refine and increase planning skills

Develop conflict resolution skills

Give relevant and helpful feedback

Renew the enjoyment of challenges and change

Outdoor Leadership offers practical training in the skills, attitude, and inner resources needed to be an effective team player at whatever level and in whatever context you are called upon to lead.



Participants are encouraged to explore personal values, purpose and visions for the future and explore self-imposed limitations. Setting goals for training and developing a "personal growth" contract to be shared with others is encouraged through the facilitated debriefing process.

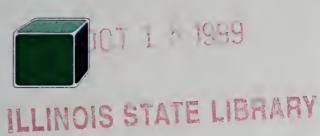
#### What is Experiencedbased Learning?

It is learning by doing. Learning for action. It is interactive learning. It is a life long learning process.

OUTDOOR LEADERSHIP is experienced-based learning. The outside setting is used as a learning environment where you engage in simulations and activities that parallel ISP organizational situations without the distractions of the job. These simulations allow you to experience learning rather than to be told what you are to learn. The simulations are thoroughly planned to develop leadership skills for all participants. The exercises require real solutions, effective communication, shared leadership, and team cooperation. Individual and team behaviors are evaluated, ineffective decisions critiqued, and correlations drawn to performance in the work setting. Facilitators hold debriefing and critiques after each problem-solving simulation. The simulations focus on identifying work norms and cultural improvements that will help on-the-job team performance. Team members will discover what is required in high performance groups and develop the vision to build those talents on both the individual and group level.

Outdoor Leadership Training is a professionally designed and copyrighted program by the Center for Business Development. The ISP is licensed to present this program to employees upon request.

# Why Attend This Training? Do any of these situations sound familiar?



Your team is composed of people from diverse backgrounds (age, gender, race, etc).

You are responsible for leading a team, but you do not have any supervisory authority.

Some team members don't consistently pull their weight.

Some team members don't get along and it's impacting the team's effectiveness.

Not all team members understand the role they play within the team.

You have tried to implement changes, but find yourself in an uphill battle.



The more times you answered "YES," the more Outdoor Leadership Training will help you and your team.

Individuals do not naturally work together as teams. Yet all research show that teams, learning and developing together, are the prime processes to increasing organizational effectiveness and efficiency.

Teamwork is essential to the success of ISP as an organization, and training is essential to building teams. Outdoor Leadership Training is one of the most cost effective investments you can make in your team members and in the long term success of your organizational unit.

Outdoor Leauership is a special program designed to enhance group and individual personal effectiveness within the team setting.

#### Skills Used in Outdoor Leadership Training

Asset Utilization

Physical Support

**Building Closeness** 

Handling Challenge

**Planning** 

Communication

Competition with Self

Problem-Solving

Cooperation

**Process Improvement** 

Coordination

**Risk Taking** 

Creativity

Skills Assessment

Sharing Resources

Small Group Development

Giving Direction

Inclusion

Task Accomplishment

Leadership Challenges

**Task Planning** 

Listening

Team Enrichment

Networking

Team Intervention

Nonverbal Communication

**Trust Building** 

WamUp

Organization

Working Together

## What challenges do you face as a team leader?

For more information contact: Jerelene Northern at (217) 786-6902.



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